

# **CURRICULUM VITAE**

## **EDUCATIONAL BACKGROUND:**

POSTDOCTORAL: June 2010 Bowen Center for the Study of the Family,  
Washington DC (Completion of 3 year program)

Ph.D. (1995) Pacifica Graduate Institute  
Clinical Psychology Carpinteria, CA

MSW (1964) Tulane University, New Orleans, LA

## **LICENSES AND CERTIFICATIONS:**

August 14, 2001 Licensed Psychologist to present. State of CA, PSY17462.

1975 to 2009 Licensed Clinical Social Worker State of CA LCS4697.  
Superseded by Psychology license.

## **PROFESSIONAL EXPERIENCE:**

1977 to present Private Practice: Specialty in clinical assessment, short term and long term psychotherapy; Dysthymic and anxiety disorders; Family systems therapy; Populations served: Adults, Couples, Elderly. Modalities: Individual, Couples, and Family psychotherapy; Consultation, supervision, and teaching. Special training in mediation and dispute resolution. Extensive Experience with critical incident stress debriefing, EAP work, end of life issues, aging impairment, CISD, PTSD and substance abuse.

1978 - 1981 Coordinator, Sonoma County Adult Day Treatment facility. Population: severely impaired patients, i.e. psychotic, depressed and phobic. Responsibilities: treating therapist; supervisor of all staff including consulting psychiatrist, psych nurse, mental health counselor, art therapist, mental health aide, and psych tech student; responsible for final decision-making in admissions and discharges; responsible for leadership in program design, clinical framework, and intervention strategies.

1974 - 1978 Clinical Director, Sonoma County Alcoholism Services. Responsibility for direct services, staff training, program design and supervision of all counseling staff. Preparation training at Hazelden, MN, 1973.

1970 - 1973 Assistant Professor, University Maryland School of Social Work and Community Planning, Baltimore, MD. Responsible for clinical supervision of ten first-year graduate students in group, individual, and family work. Classroom teaching in normal life span development and psychopathology.

1972 - 1974 Group Therapist, Alcoholism Treatment Clinic of Montgomery County Mental Health, Silver Spring, MD. Primary responsibility for three groups: adult male, adult female(2). Shared co-therapy responsibilities for couples and family therapy groups.

- 1972 - 1974 Private practice with psychiatrist in Kensington, MD. Specialty: Chemical dependency. Responsible for all patient screening, three groups, individual and couples therapy. Responsible for social history-taking of hospitalized patients and treatment planning with their families. Some responsibility for coordinating a research study utilizing the MMPI as a basic tool.
- 1966 - 1970 Supervisor, Adult and Family Assistance Programs, Montgomery County, MD. Supervised professional and paraprofessional social workers in adult and family assistance in rural county. Reorganized and supervised public assistance and service intake.
- 1964 - 1966 Psychiatric Social Worker, Inpatient Unit, Charity Hospital, New Orleans, LA. Group psychotherapy with outpatients; interpretative and therapeutic work with families of inpatients; social history-taking of inpatients upon admission; some teaching of medical and social work students.

ADDITIONAL PROFESSIONAL EXPERIENCES:

- 1998 "Humor and How to Develop It in Your Life." Short Course, Spring, 1998. Santa Rosa Community College.
- 1996 "Humor and Its Connection to Bowen Theory". Paper delivered at annual Symposium on Bowen Theory.
- 1984-1993 Teaching and Supervision Faculty, Santa Rosa Institute-- an educational, non-profit, training institute for counseling, social work, and psychology interns. Taught Courses in Diagnoses and in Clinical Methods.

DOCTORAL DISSERTATION:

- 1995 *Exploring The Experience of Humor in Everyday Life*

CURRENT EXTRA PROFESSIONAL EXPERIENCES:

- 2003 to present: Volunteer for American Red Cross Mental Health Disaster Team: debrief volunteers returning from assignment.
- 2003 to 2005: Past Chairperson. Redwood Psychological Association's Disaster Preparedness Committee.
- 2005 to present: EAP therapist for Employee Development Systems: Assessments, Referrals and Critical Incident Stress Debriefings.